NCGR SACRAMENTO AREA CHAPTER

We only got a taste of the possibilities in the first one. Back, by popular demand, we offer two new sessions of...



STAR STORIES THE MAGIC OF COSMIC CONNECTION

Experiential Astrology and Astrodrama are ways of acting out the planets in your chart, with the help of others, to give you an experience of how these energies feel and operate inside you and in your life. Experiential astrology takes studying the stars out of a purely mental pursuit to include the body, mind and spirit. Its somatic emphasis offers an opportunity to feel the energies, often accompanied by instant insights. The April/May issue (#168) of The Mountain Astrologer focuses on Experiential Astrology. Within this issue Tom Brady describes: "…in the lexicon of philosophy, 'experientialism' is the position that concrete experience is both the origin and

ultimate validation of all human knowledge. Experiential astrology then, is any form of practice that conveys information through sensory impressions rather than language-mediated intellectual constructs".

THIS WORKSHOP IS FOR ALL LEVELS OF ASTROLOGY LOVERS. We will explore planetary energies through visualization, movement and sound. We will dress up and act out various aspects of each other's charts. There is absolutely no acting experience needed, only an open-hearted willingness to explore and play. Beginners will be supported by more seasoned Astrologers but rest assured that this type of exploration is a new experience for everyone involved. *Sign up for one or both sessions, Experiential Astrology and Astrodrama become more interesting and deep the more you do it.*

REMY LINDSEY R.N. is a Professional Astrologer who has been on a quest for healing through body mind spirit practices for over 30 years. She has studied and taught Somatics and Visualization. She has been utilizing Astro-drama in beginning level Astrology classes and offering workshops for the last 5 years. **Please contact Remy with your birth date, time and place.** She will print out your chart before class. She would also like to know if there is a specific area of your birth chart which you would like to explore in this way. (530) 559-7009 | remylindsey@yahoo.com | www.heartoftheearthawakening.org

TWO SATURDAY SESSIONS in 2014

April 5 & October 11 1:00 - 5:00 pm

THE RESERVES AT THE GALLERIA CLUBHOUSE 501 GIBSON DRIVE, ROSEVILLE, CA *Email for gate code: info@ncgrsacramento.org*

\$35 NCGR members / \$45 non-members*

*Per session if pre-registered at NCGRSacramento.org via PayPal Pre-registration & payment must be received one week in advance of the event date.

> Prices at the door per session: \$40 NCGR Members / \$50 nonmembers