

NCGR



SACRAMENTO AREA CHAPTER

Join us for our May 2018 Special Event!



KIRA SUTHERLAND

WORKSHOP

1 p.m. – 5 p.m.

The Ascendant and its Influence in our Health: What does the Ascendant represent to our health and how can we use this to our best advantage. Ancient texts discuss what we should look like depending on our Rising sign but what more is there to learn about this doorway into our chart from a medical perspective. How do the Ascendant and the first house really affect our health constitution and liability to illness? How too can we best support our rising sign so that we are more in control of our health, energy levels and wellbeing? Kira will use both Medical Astrology and Natural Medicine principles to take you on a truly holistic journey.

Natures 7 Healers and the Zodiac: In Naturopathy there is a system of healing referred to as 'Natures 7 Doctors', they are the seven principles to live by to create balance, health and wellbeing. By combining these 7 principles with the 7 most inner planets Kira will take you on a journey through your natal chart, understanding the symbolism and health impact each of these planets can have on our health and how we can use them to create more balance and wellness in our lives. Come enjoy a new application of medical astrology with a modern health twist.

Kira Sutherland: *Kira is an Australian Naturopath, Nutritionist, Herbalist and Astrologer. She divides her time between clients, writing and lecturing on health, wellbeing and medical astrology. Known for her vibrant, straight forward teaching style, Kira has lectured in Medical Astrology within Australia as well as North America and Europe. In private practice for over 20 years, Kira combines her knowledge in Natural Medicine with her passion for Medical Astrology into a wonderful mix of mind/body medicine. Learn more about Kira at her websites: astrologyofhealth.com and kirasutherland.com.au.*

May 20, 2018

LIGHTWEAVERS ACADEMY

8421 AUBURN BLVD, STE 150, CITRUS HEIGHTS, CA

\$50 NCGR members, \$60 non-members

(if pre-registered by May 17)

Price at the door: \$55 NCGR members, \$65 non-members

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Learn more and pre-register online!